



Navigating Survivorship

Saturday April 25th 10am-12pm

Presenters:

Dr. Heidi Rula

An integrative approach to cancer survivorship

Ironwood Dietitians

Eating like a survivor

Catherine Costin

Exercise basics for survivorship

Ironwood Social Work

Taking care of you

Ironwood Cancer & Research Centers Business Office
700 W Warner Rd
Chandler, AZ

PLEASE RSVP to our Integrative Services Department
at (480) 314-6660