SEPTEMBER 2021 IRONWOOD SUPPORTIVE CARE SERVICES CALENDAR

Online classes are open to everyone as a community service by Ironwood Cancer & Research Centers.
Participation is at your own risk. ICRC assumes no liability for services provided.
Pantries are available for patients in need by appointment with Supportive Care Services.

For boutique needs please contact Supportive Care Services at 480-314-6660.
Due to COVID-19 boutiques are not open daily.

You must call Supportive Care Services at 480-314-6660 or e-mail wellness@ironwoodcrc.com to get access to online classes listed below.

Boutique Hours

For boutique needs please contact supportive services at 480-314-6660. Due to COVID-19 boutiques are not open.

GLENDALE
Address
5810 W. Beverly Ln, Glendale, AZ 85306

CHANDLER
Address
685 S. Dobson Rd, Chandler, AZ 85224

CHANDLER BUSINESS OFFICE
Address
700 W. Warner Rd, Chandler, AZ 85225

GILBERT
Address
3686 S. Rome St, Gilbert, AZ 85297

MESA (ARBOR)
Address
6111 E. Arbor Ave, Mesa, AZ 85206

SCOTTSDALE
Address
8880 E. Desert Cove, Scottsdale, AZ 85260

SUN CITY
Address
14810 N. Del Webb Blvd #3, Sun City, AZ 85351

Ongoing Online Classes & Groups

At this time, all of our classes are being facilitated online until further notice. Call 480-314-6660 or e-mail wellness@ironwoodcrc.com for online class access information.

Tai Chi
Thursdays, 10-10:45am, September 2, 9, 16, 23, 30

Lunch & Learn Series: *Breast Prosthesis Information* with Nicole, 11am-12pm, September 7

Colorectal Cancer Support Group
1st Tuesday, 3-4:30pm, September 7

Chair Yoga
2nd & 4th Wednesday, 10-11am, September 8 & 22

Chandler Breast Cancer Support Group
1st Wednesday, 6-8pm, September 8

Scottsdale Breast Cancer Support Group
2nd Saturday, 10am-12pm, September 11

Sun City General Cancer Support Group
2nd Monday, 10am-12pm, September 13

Prostate Support Group
2nd Monday, 7-9pm, September 13

Lunch & Learn Series: *PET vs. CAT Scan* with Russ, 11am-12pm, September 14

Watercolor and Acrylic Painting
3rd Wednesday, 10-11am, September 15

Mesa (Arbor) General Cancer Support Group
3rd Wednesday, 5-6:30pm, *NO CLASS THIS MONTH*

Lunch & Learn Series: *Reiki* with Kerri Wade from East Valley Healing, 11am-12pm, September 21

Metastatic Support Group
4th Wednesday, 3-430pm; September 22

Survivors Support Group
4th Monday, 6-7:30pm, September 27

Lunch & Learn Series: *Post Breast Cancer Surgery Yoga* with Dr. Vaidya, 11am-12pm, September 28

Events are subject to cancelation or change.
View the code below with your iPhone camera
or scan to view our current online calendar.

Ironwood Cancer & Research Centers
Outsmarting Cancer One Patient at a Time™

Ironwood Women's Centers