

Table 1: Glossary of Transgender Terminology

Gender identity	Innate identification of gender as male, female, or somewhere else on the gender spectrum; may not correspond to external body and appearance
Gender expression	Intentional and unintentional manifestation of a person's gender identity (physical appearance, behavior, and presentation)
Preferred pronouns	The pronouns by which someone would like to be referred. For example, he/his, she/hers, they/their, or ze/zer. Pronouns do not have to match gender expression.
Transgender	Broad umbrella term for people whose gender identity and/or gender expression is different from the sex assigned to them at birth
Transition	Actions by which people change their gender expression and/or physical appearance to align with their gender identity. It is not a single event. The term may be offensive to some people.
Cisgender or cissexual	People whose gender identity and gender expression reflect the sex that was assigned to them at birth
Transgender woman or transwoman	Individual who identifies her gender as female but was identified as male at birth; may or may not have taken steps to undergo the gender-affirming process
Transgender man or transman	Individual who identifies his gender as male but was identified as female at birth; may or may not have taken steps to undergo the gender-affirming process
Gender-affirming surgery	One of many terms to describe surgeries that individuals may undergo to change their physical appearance to better match their gender identity
Gender-affirming hormones	The use of hormones to have a desired gender expression
Natal sex	Sex assigned at birth

Table 2: Selected Recommended Breast Cancer Screening Guidelines for Transgender Individuals

Patient	UCSF Center of Excellence for Transgender Health	Fenway Health	Endocrine Society Clinical Practice Guidelines
Transgender woman with more than 5 years of hormone therapy	Biennial screening mammography beginning at age 50 years	Annual screening mammography beginning at age 50 years	Similar screening to that for cisgender women Length of hormone exposure not specified
Transgender man without top surgery (average risk)	Similar screening to that for cisgender women	Similar screening to that for cisgender women	Similar screening to that for cisgender women
Transgender man who has undergone top surgery	Clinicians should engage in dialogue with patients about unknown risks	No reliable evidence for screening Consider yearly chest examinations	Not addressed