# JUNE 2022 IRONWOOD SUPPORTIVE CARE SERVICES CALENDAR

Online classes are open to everyone as a community service by Ironwood Cancer & Research Centers.

Participation is at your own risk. ICRC assumes no liability for services provided.

Pantries are available for patients in need by appointment with Supportive Care Services.

For boutique needs please contact Supportive Care Services at 480-314-6660.

Due to COVID-19 boutiques are not open daily.

You must call Supportive Care Services at 480-314-6660 or e-mail wellness@ironwoodcrc.com to get access to online classes listed below.

# **Boutique Hours**

For boutique needs please contact supportive services at 480-314-6660. Due to COVID-19 boutiques are not open.

### **GLENDALE**

#### Address

5810 W. Beverly Ln, Glendale, AZ 85306

### **CHANDLER**

## **Address**

685 S. Dobson Rd, Chandler, AZ 85224

### **CHANDLER BUSINESS OFFICE**

#### **Address**

700 W. Warner Rd, Chandler, AZ 85225

### **GILBERT**

#### **Address**

3686 S. Rome St, Gilbert, AZ 85297

# **MESA (ARBOR)**

### Address

6111 E. Arbor Ave, Mesa, AZ 85206

## **SCOTTSDALE**

## **Address**

8880 E. Desert Cove, Scottsdale, AZ 85260

# **SUN CITY**

## **Address**

14810 N. Del Webb Blvd #3, Sun City, AZ 85351

# **Ongoing Online Classes & Groups**

At this time, all of our classes are being facilitated online until further notice. Call 480-314-6660 or e-mail wellness@ironwoodcrc.com for online class access information.

### **Chandler Breast Cancer Support Group**

1st Wednesday, 6-8pm, June 1

#### Tai Chi

Thursdays, 10-10:45am, June 2, 9, 16, 23, 30

Lunch & Learn Series: Survivorship: An Integrative Approach to Survivorship with Dr. Rula, 11am-12pm, June 7

Support Group for Young Adults (Geared to 18-24 year olds)

1st Tuesday, 5:30-7pm, June 7

### **Chair Yoga**

 $2^{nd}~\&~4^{th}$  Wednesday, 10-11am, June 8 & 22

**Scottsdale Breast Cancer Support Group** 

2<sup>nd</sup> Saturday, 10am-12pm, June 11

### **Prostate Support Group**

2<sup>nd</sup> Monday, 7-9pm, June 13

Lunch & Learn Series: Topic TBA with Dr. Rula, 11am-12pm, June 14

### **General Blood Cancer Support Group**

2<sup>nd</sup> Tuesday, 5:30-7pm, June 14

## Watercolor and Acrylic Painting

3<sup>rd</sup> Wednesday, 10-11am, June 15

# Mesa (Arbor) General Cancer Support Group

3rd Wednesday, 5-6:30pm, June 15

General Cancer Survivorship Program: Women's Sexual Health with Dr. Rula, 5:30-6:30pm, Thursday, June

\*\*Must RSVP by e-mail wellness@ironwoodcrc.com or call 480-314-6660\*\*

### Reiki Healing Session with by Usui Reiki Master Teacher Kerri Wade

3rd Friday, 1:30-2:30pm, June 17

### **Caregiver Support Group**

3rd Saturday, 10am-12pm, June 18

### **Survivors Support Group**

4th Monday, 6-7:30pm, June 20

Lunch & Learn Series: Depression During Cancer & Survivorship with Nicole McCallister,

### 11am-12pm, June 21

### **Metastatic Support Group**

4th Wednesday, 3-430pm, June 22

Lunch & Learn Series: *Meet Rebecca, our new West Valley Dietitian*, 11am-12pm, June 28

Events are subject to cancelation or change. View the code below with your iPhone camera or scan to view our current online calendar.















