

# JULY 2022 IRONWOOD SUPPORTIVE CARE SERVICES CALENDAR

Online classes are open to everyone as a community service by Ironwood Cancer & Research Centers.

Participation is at your own risk. ICRC assumes no liability for services provided.

Pantries are available for patients in need by appointment with Supportive Care Services.

For boutique needs please contact Supportive Care Services at 480-314-6660.

Due to COVID-19 boutiques are not open daily.

**You must call Supportive Care Services at 480-314-6660 or e-mail [wellness@ironwoodcrc.com](mailto:wellness@ironwoodcrc.com) to get access to online classes listed below.**

## Boutique Hours

For boutique needs please contact supportive services at 480-314-6660. Due to COVID-19 boutiques are not open.

### GLENDALE

#### Address

5810 W. Beverly Ln, Glendale, AZ 85306

### CHANDLER

#### Address

685 S. Dobson Rd, Chandler, AZ 85224

### CHANDLER BUSINESS OFFICE

#### Address

700 W. Warner Rd, Chandler, AZ 85225

### GILBERT

#### Address

3686 S. Rome St, Gilbert, AZ 85297

### MESA (ARBOR)

#### Address

6111 E. Arbor Ave, Mesa, AZ 85206

### SCOTTSDALE

#### Address

8880 E. Desert Cove, Scottsdale, AZ 85260

### SUN CITY

#### Address

14810 N. Del Webb Blvd #3, Sun City, AZ 85351

## Ongoing Online Classes & Groups

At this time, all of our classes are being facilitated online until further notice. Call 480-314-6660 or e-mail [wellness@ironwoodcrc.com](mailto:wellness@ironwoodcrc.com) for online class access information.

**Lunch & Learn Series: Surgery Options for Breast Cancer with Dr. Clark, 11am-12pm, July 5**

**Support Group for Young Adults (Geared to 18-24 year olds)**

1<sup>st</sup> Tuesday, 5:30-7pm, July 5

**Chandler Breast Cancer Support Group**

1<sup>st</sup> Wednesday, 6-8pm, July 6

**Tai Chi**

Thursdays, 10-10:45am, July 7, 14, 21 & 28

**Scottsdale Breast Cancer Support Group**

2<sup>nd</sup> Saturday, 10am-12pm, July 9

**Prostate Support Group**

2<sup>nd</sup> Monday, 7-9pm, July 11

**Lunch & Learn Series: Treatment of Sarcomas with Radiation Treatment with Dr. Ambrad, 11am-12pm, July 12**

**General Blood Cancer Support Group**

2<sup>nd</sup> Tuesday, 5:30-7pm, July 12

**Chair Yoga**

2<sup>nd</sup> & 4<sup>th</sup> Wednesday, 10-11am, July 13 & 27

**Reiki Healing Session with by Usui Reiki Master Teacher Kerri Wade**

3<sup>rd</sup> Friday, 1-1:30pm, July 15

**Caregiver Support Group**

3<sup>rd</sup> Saturday, 10am-12pm, July 16

**Lunch & Learn Series: Meet Rebecca Mrotek, Ironwood's new Registered Dietitian, 11am-12pm, July 19**

**Watercolor and Acrylic Painting**

3<sup>rd</sup> Wednesday, 10-11am, July 20

**Mesa (Arbor) General Cancer Support Group**

3<sup>rd</sup> Wednesday, 5-6:30pm, July 20

**Survivors Support Group**

4<sup>th</sup> Monday, 6-7:30pm, July 25

**Lunch & Learn Series: Colorectal Cancer Screening with Amber Berleen, NP, 11am-12pm, July 26**

**Metastatic Support Group**

4<sup>th</sup> Wednesday, 3-4:30pm, July 27

Events are subject to cancellation or change.  
View the code below with your iPhone camera  
or scan to view our current online calendar.

