

MARCH 2023 IRONWOOD SUPPORTIVE CARE SERVICES CALENDAR

Online classes are open to everyone as a community service by Ironwood Cancer & Research Centers.

Participation is at your own risk. ICRC assumes no liability for services provided.

Pantries are available for patients in need by appointment with Supportive Care Services.

For boutique needs please contact Supportive Care Services at 480-314-6660.

Due to COVID-19 boutiques are not open daily. Please contact Social Work for COVID vaccine and mask protocols.

You must call Supportive Care Services at 480-314-6660 or e-mail wellness@ironwoodcrc.com to get access to online classes listed below.

Boutique Hours

For boutique needs please contact supportive services at 480-314-6660. Due to COVID-19 boutiques are not open.

GLENDALE

Address

5810 W. Beverly Ln, Glendale, AZ 85306

CHANDLER

Address

685 S. Dobson Rd, Chandler, AZ 85224

CHANDLER BUSINESS OFFICE

Address

700 W. Warner Rd, Chandler, AZ 85225

GILBERT

Address

3686 S. Rome St, Gilbert, AZ 85297

MESA (ARBOR)

Address

6111 E. Arbor Ave, Mesa, AZ 85206

SCOTTSDALE

Address

8880 E. Desert Cove, Scottsdale, AZ 85260

SUN CITY

Address

14810 N. Del Webb Blvd #3, Sun City, AZ 85351

Ongoing Online Classes & Groups

At this time, all of our classes are being facilitated online until further notice. Call 480-314-6660 or e-mail wellness@ironwoodcrc.com for online class access information.

Chandler Breast Cancer Support Group (Now Hybrid In Person/Online!)

1st Wednesday, 6-8pm, March 1

Tai Chi

Thursdays, 10-10:45am, March 2, 9, 16, 23 & 30

Lunch & Learn Series: *Managing Nausea and Maintaining Hydration*, NP's Cynthia Carsten and Ryan Mobley, 11am-12pm, March 7

Chair Yoga

2nd & 4th Wednesday, 10-11am, March 8 & 22

Scottsdale Breast Cancer Support Group

2nd Saturday, 10am-12pm, March 11

Prostate Support Group (Now Hybrid In Person/Online!)

2nd Monday, 7-9pm, March 13

Lunch & Learn Series: *Smoking Cessation* with Nicole McCallister, 11am-12pm, March 14

Watercolor and Acrylic Painting

3rd Wednesday, 10-11am, March 15

Reiki Healing Session with by Usui Reiki Master Teacher Kerri Wade

3rd Friday, 1-1:30pm, March 17

Caregiver Support Group

3rd Saturday, 10am-12pm, March 18

Lunch & Learn Series: *Ports 101* with Christy Lessnau, 11am-12pm March 21

Metastatic Support Group

4th Wednesday, 3-5pm, March 22

Survivors Support Group

4th Monday, 6-7:30pm, March 27

Lunch & Learn Series: *Endocrine Aromatase Inhibitors* with Dr. Leslie Klein, 11am-12pm March 28

Survivors Day

Free Community Event, Free Pancake Breakfast, Tai Chi & Meditation Demonstrations, Children's Crafts, Face Painting, Healthy Eating Information, Community Vendors, and more!

Gilbert Office: 9am-12pm, Saturday, April 1st

Glendale Office: 9am-12pm, Saturday, April 29th

Events are subject to cancellation or change.
View the code below with your iPhone camera
or scan to view our current online calendar.

